



## **Why you should have your eyes tested periodically**

During an eye examination your Optometrist will determine the prescription for spectacles or contact lenses but will also check for common eye diseases. Many eye and vision problems have no obvious signs or symptoms resulting in people being unaware that a problem exists. Early detection and treatment can reduce the risk of **permanent loss of vision.**

In children, eye examinations play an important role in ensuring normal vision development and academic achievement. Vision is closely linked to the learning process. Children who have trouble seeing or interpreting what they see will often have trouble with their school work. They may not necessarily complain of visual problems because they don't know what normal vision looks like.

It is also very important for adults to have eye examinations periodically to determine refractive error, but also to check for conditions such as glaucoma. Glaucoma is caused by an increase in pressure within the eye or a weakness in the optic nerve or both.

Your Optometrist can also detect early signs of systemic conditions such as hypertension and diabetes by examining the blood vessels in the eye. (Diabetes can cause small blood vessel leaks).

**Pop in, email or call us to book your eye examination**

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